You can shape resources for mental health by participating in this short survey and sharing your views. We need better resources for people and their families who battle mental health issues and struggle to maintain quality of life and personal dignity in the face of mental illness.

Researchers at City University London would like to invite you to take part in a research study. Before you decide whether you would like to take part it is important that you understand why the research is being done and what it would involve for you. You can find out more by downloading the information sheet here.

What is the purpose of the study?
They are researching a new way of involving service users, carers and staff in measuring something called ‘health utilities’.

Health utilities are used by policy makers and others to consider how people value the potential benefits and costs of a new treatment or intervention.

Most often, people with experience of mental health problems and their carers are not involved in this.
EVEERYBODY ELSE SEEMS SO HAPPY AND NORMAL. I WISH I WASN'T THE ONLY PERSON WITH MENTAL HEALTH ISSUES.

You can take part in the survey here — [http://www.smartsurvey.co.uk/s/77506QEPKG](http://www.smartsurvey.co.uk/s/77506QEPKG).