Breast cancer screening.

Great video about the latest research about whether breast cancer screening is worth doing.

For information about breast cancer screening, risks and interventions IMAGINIS is a good site to start with. Survival rates have improved substantially over the years. Women need to be aware of risks, survival rates and interventions. For the number of low risk women that get screened the cancers found by mammogram are very low but for these women screening saved their lives. On the other hand women have had needless interventions like biopsies and worries about having cancer when in fact no cancer exists. Women would benefit from better diagnostics and understanding of what causes a breast lump to be cancerous. Women are often not given specifics like how much does HRT or smoking increase risk and who is susceptible. They want to know what can be done to prevent breast cancer and the differences in the kinds of breast cancer.

NHS Choices has excellent information including shared experience, symptoms, signs, diagnosis, treatment pathways and even prompts to help you make decisions. It is important to know that if you were called back to redo a screening or needed an initial followup that this finding does not increase your risk for cancer in the future. There are forums where you can talk things through. Opera contains an online private assessment where you can find your personal risk factors and decide if screening is right for you.