A key aim of ThinkWell is to help patients and the public join together to organize and participate in research about interventions to improve health, well-being and the quality of life. Patient and Public led research answers questions patients and the public want answers for. Below is a list of opportunities for participating in health research. Click on any of the topics to find out more. You can participate in more than one study.

Research anyone can join in:

1. Join Zooniverse to be a cancer detective. No experience required! People are better at classifying what they see than machines, you can help scientists find the cure
2. Help ThinkWell by evaluating resources we have identified to help people understand what makes good health research.
3. Tell European health researchers what you would like to understand more about in relation to health studies, research methods or testing whether treatments are effective. (20 minute online survey)
4. Evaluation of a website designed to help people
understand why randomized trials are the fairest way to test treatments. (Explore the website and then fill in an evaluation form.) at http://www.testingtreatments.org

Research anyone in the UK can join in:

1. Help researchers understand about flu and map epidemics. (Weekly report of your flu symptoms.) http://flusurvey.org.uk/

ThinkWell puts the public at the heart of research. Take control of your own healthcare.

Image courtesy of http://www.stage2planning.com/blog/bid/48775/Collaboration-Always-Starts-With-Clients